

Did you know?

West Bergen serves **150** communities

West Bergen now has **4** service locations

West Bergen has over **15** specialty programs

West Bergen helps more than **3000** children and their families each year.

West Bergen has **6** group homes and **15** apartments that provide caring and homelike atmosphere for **57** individuals

West Bergen's Partial Care Program, a day program for the persistently mentally ill, provides pre-vocational skills for over **100** young adults and adults.

The West Bergen Access Center receives, on average, **85** NEW calls for services per week.

SOAR, WB's summer Autism program, has served more than **600** children and teens.

West Bergen has been surveyed by CARF **6** times and has received 3 year accreditation status (the highest level) each time.



A private, non-profit organization, West Bergen has served the community for more than **55** years. The Agency offers a wide range of mental healthcare services to meet the needs of individuals, children and families in our communities.

Comprehensive services include:

- Counseling and therapy services for individuals, couples and families
- Specialized programs for children and adolescents, including services for Level I Autism, ADHD, depression, anxiety and other related conditions
- Residential and day programs for persistently mentally ill adults
- Community Resource program that encompasses consultation and collaboration with community groups and leaders to address mental health related topics
- Community crisis response and intervention

To learn more, visit **westbergen.org**

West Bergen Mental Healthcare
120 Chestnut Street ~ Ridgewood, NJ 07450
201-444-3550



**Become a
Friend
of
West Bergen**



*Friends are the most important
ingredient in the recipe of
life ...*

Friends Make a Difference

Friends of West Bergen is a group of volunteers and community partners dedicated to raising funds for special projects and critical initiatives not funded by Agency resources.

Funds raised in the 2018-2019 calendar year will support a new therapeutic playground at West Bergen's Center for Children and Youth.

How You Can Help

As a Friend of West Bergen, you support mental wellness in our community in the following ways:

- **Become a Friend.** Make an annual contribution of \$25 or more to West Bergen Mental Healthcare.
- Participate on a Friends' committee, attend meetings when possible and assist in planning events
- Support Friends events and gatherings—and bring a friend!
- Advocate for West Bergen by promoting the Agency's programs and services in your local community.

As a an integral part of the West Bergen family, members will receive:

- West Bergen's monthly electronic newsletter
- Invitations to Friends meetings and events
- Quarterly update on Friends activities and fundraising progress
- Invitations to community presentations and other West Bergen events
- Our **sincerest gratitude** for helping to ensure West Bergen continues to serve those in our community who need mental health services.



For a donation of \$25 or more, you can join **Friends** of West Bergen.

Complete the membership form and return to:

Friends of West Bergen
120 Chestnut Street
Ridgewood, NJ 07450

Yes! I want to join Friends of West Bergen.
Enclosed is my donation of:

___ \$25 ___ \$50 ___ other

Name: _____

Address: _____

City, ST Zip: _____

Phone: _____

Email: _____

___ Ck enclosed (make payable to West Bergen)

Credit Card: _____

Exp. Date: _____ CVV Code: _____

Signature: _____

Or join online at westbergen.org

For more information, contact Chrissie Lijoi
at 201-444-3550 x7109
clijoi@westbergen.org