



FOR IMMEDIATE RELEASE

CONTACT:

Barbara Hand

Chief Development Officer

201-280-9811

bhand@westbergen.org

**WEST BERGEN MENTAL HEALTHCARE LAUNCHES
WARMLINE FOR FRONTLINE WORKERS**

Ridgewood, N.J. April 20, 2020 - West Bergen Mental Healthcare, Inc. has launched a temporary “warmline” for frontline workers beginning April 20, 2020.

The number of the Frontline Warmline is [201-688-7098](tel:201-688-7098). Frontline workers – healthcare workers, first responders and other essential workers – can call Monday through Friday from 9 a.m. to 5 p.m. West Bergen Access Clinicians will take only general information to maintain confidentiality, and a trained, licensed West Bergen therapist will return the call within 30 minutes.

A warmline is a telephone service where concerned people can talk to a trained therapist about matters that do not rise to the level of a crisis.

“We are hearing and seeing stories everyday about our frontline workers facing extraordinary stress as a result of the COVID-19 crisis”, said Michael Tozzoli, CEO of West Bergen Mental Healthcare, Inc. “Our warmline is a way to quickly respond to the needs of our frontline workers, providing them with a trained therapist to talk to about coping strategies, and when indicated, refer them to professional counseling.”

About West Bergen Mental Healthcare, Inc.

West Bergen Mental Healthcare, Inc. is a private, non-profit organization providing counseling, psychiatric and specialized services for all members of our communities – regardless of ability to pay. Since opening in 1963, the Agency has been a leader in the provision of quality, evidence-based mental healthcare and services. To learn more, visit www.westbergen.org.