

THE 4 "C"s OF CONSULTATION & COLLABORATION

In the **Classroom** with:

- Teachers
- Counselors
- Administrators
- Students
- Parent Teacher Associations
- Colleges Groups

In the **Community** with:

- Boards of Health
- Stigma Free Committees
- Municipal Alliances
- Wellness projects
- Houses of Worship
- Caregiver Organizations

In the **Corporate** World with:

- EAP Programs
- Human Resources

With **Clinical** Providers and
Other Interested groups

Online@ www.westbergen.org
Follow us on social media!



Service Locations

West Bergen Mental Healthcare

120 Chestnut Street
Ridgewood, NJ 07450



West Bergen

Center for Children and Youth

One Cherry Lane
Ramsey, NJ 07446



West Bergen Counseling Group

860 Wyckoff Avenue
2nd Floor



Mahwah, NJ 07430

Community Resource Program Available at:

West Bergen Sites in Ramsey,
Mahwah and Ridgewood
Your School or Office
Your Local Community Setting

Contact:

Jeanne Marron, Ph.D.

(201) 444-3550

jmarron@westbergen.org

Or

Mary Davey, LCSW

201-444-3550

mdavey@westbergen.org

For additional information
or to schedule an
appointment please
contact our
ACCESS CENTER
at 201-485-7172

Community Resource Program

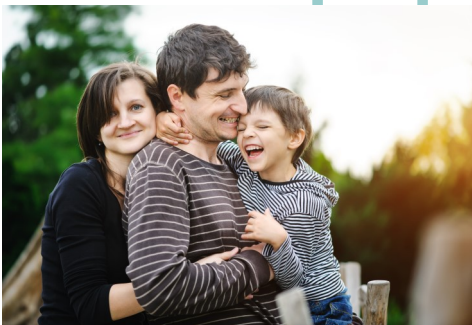


Who We Are...

West Bergen was founded in 1963 as a Child Guidance Clinic. As the needs of the community grew, so did West Bergen. To better serve the residents of the surrounding area, West Bergen expanded into a full-range community mental health center serving over 3,000 people each year. We've been voted #1 in Nationwide Customer Satisfaction by Mental Health Corporations of America (MHCA).

We offer a wide variety of quality, evidence based treatment approaches tailored to meet the special needs of children, families, adults and seniors. Our team of highly trained clinicians are committed to responding to our clients with sensitivity and caring. Our services are innovative and our goal is to ensure that care is always delivered at the highest standard possible.

Through this initiative, we are dedicated to assisting you, your family, your school or organization, and your community in better understanding how mental health and wellness impacts your daily life.



The Community Resource and Education Initiative: What We Can Do For You

Consultation and Collaboration:

We engage with a variety of groups and community leaders to address mental health and wellness related topics. In an ever changing world, more and more people are seeking guidance, advice and practical tools to help them better understand and approach mental health and wellness related issues impacting their community.



Education and Training: We provide quality information and enrichment seminars to assist our community partners in enhancing their understanding of the vast array of mental health issues and the factors that augment mental wellbeing. Participants will take away specific strategies and/or follow up resources to utilize on their own or within your organization or community.

Crisis Intervention and Stress Management:

Various critical experiences may impact individuals and/or communities at any time. We provide support and consultation during crisis or unusual occurrences. We strive to serve as a valuable resource to the community in transforming challenging life situations into opportunities for renewed growth and understanding.

Awareness and Advocacy:

We help create opportunities for grass roots voices to be heard as it relates to mental health.



Our hope is to inspire and build community partnerships committed to supporting mental health causes and helping to spread the word on why mental health matters!